

ImPACT Testing Instructions

ImPACT testing is an important part of the pre-participation physical information the athletic training staff needs to prepare for the athletic season. It helps us have a baseline for your child in the event that they sustain a concussion during the season. This **MUST** be completed before the first game. Please email or call us at the contact information provided at the bottom of this page if you have any questions or concerns!

Please read instructions before starting!

The ImPACT Test will be taken to analyze how your brain functions on a normal basis. If your child were to get a concussion, this test will aid healthcare professionals in the assessment and management of concussion. The ImPACT test will test the following brain functions:

- *Short term memory*
- *Long-term memory*
- *Speed and reaction time*

Please do your best! If you do not take this test seriously, your scores will be low and you will have to retake it. **Be FAST but be ACCURATE.**

1. Make sure the testing environment is quiet and distraction-free
2. All other programs and browser tabs should be closed.
3. You must complete the test in a single attempt in less than **45 minutes**.
4. Please complete the “additional demographics” of the ImPACT test.

Directions:

1. **Open in Google Chrome.** It will not work with Internet Explorer or Firefox.
2. Website link: www.impacttestonline.com/testing
3. Enter Customer Code: **AZYV8QSNXT**
4. Select **Fleetwood Area School District** in the “Organization” Drop Box
5. Click **Launch Baseline Test**.
6. Select Language and begin filling out Demographic Data and answer questions.
7. Please click “**Additional demographics**” after completion of first demographic section.
8. **If you receive email notification from email below, you will need to retake the ImPACT test.**

If you have any questions, please email christian.klucsarits@sluhn.org or heather.wood@sluhn.org or call (610) 944-1217 ext. 20154